



## Covid-19 pandemic – resources to live and work well during the crisis

### INTOSAI Development Initiative resources on Covid-19

The IDI has a number of resources available on their website on how Supreme Audit Institutions and development partners can learn from previous crises and ensure effective responses to Covid-19 in developing countries. Among these, the case study from SAI Sierra Leone on the Ebola epidemic in West Africa, which provides key lessons learned for handling the coronavirus crisis.

<https://www.idi.no/en/covid-19>

### What can managers and HR professionals do to support employees?

With many organisations requiring employees to stay out of the office, it's more important than ever to encourage and facilitate regular communication with employees. Here are tips for managers and human resource professionals to support employees in staying connected to the workplace and each other:

- **Show empathy and be available:** Understand that employees are likely feeling overwhelmed and anxious about circumstances related to the virus. Make yourself available to your staff to talk about fears, to answer questions and to reassure them about work and other issues that might come up.
- **Stay connected with communication and meeting tools:** Use virtual meeting options with video, like Zoom or JoinMe, for regular check-ins and to allow teams to connect with one another “face-to-face.”
- **Recognise the impact of isolation and loneliness:** Working remotely can cause people to feel isolated, making it more important to routinely check in with your team, not only about their work product, but also to see how they are doing. Loneliness can lead to depression and other mental health issues. Be aware of significant changes you may see in your team member's personality or work product, because it may be a sign that a person is struggling.
- **Encourage online training:** This is a great time to encourage employees to sharpen their skills with online training. It is also a good distraction to focus on learning rather than worrying about other issues. (Consider the learning opportunities available on the AFROSAI-E Learning Platform, to recommend to employees.)

Source: <http://workplacemantalhealth.org/>

### How to wear medical masks to protect against coronavirus?

- Before putting on a mask, clean hands with alcohol-based hand rub or soap and water.
- Cover mouth and nose with mask and make sure there are no gaps between your face and the mask.
- Avoid touching the mask while using it; if you do, clean your hands with alcohol-based hand rub or soap and water.
- Replace the mask with a new one as soon as it is damp and do not re-use single-use masks.
- To remove the mask: remove it from behind (do not touch the front of mask); discard immediately in a closed bin; clean hands with alcohol-based hand rub or soap and water.

Source: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

HOW TO PUT ON, USE, TAKE OFF AND DISPOSE OF A MASK

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